

# PSYCHOLOGY

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**Admission exams:** Biology and Geology (02) or Philosophy (06) or History (11) or Portuguese (18)

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The Bachelor's degree in Psychology at ISMAI has over 20 years' history. It gives students who wish to work as professional psychologists their first level of training. The training follows the requirements of the Portuguese Order of Psychologists (OP) and the recommendations of the European Federation of Psychologists' Associations contained in the European Qualification Standard for Psychologists. This course provides access to Master's degree courses in the field of psychology and also mobility within Europe. Foreign students attend our degree course and Portuguese ISMAI students complement their studies at European and Brazilian universities under the ERASMUS+ Programme and the Exchange Programme with Brazil. This course therefore aims to develop students' basic skills and knowledge in the different areas of psychology (clinical psychology/health, neuropsychology, education, justice, organisations, community, sport).

## **Professional opportunities**

Psychology graduates provide assistance to psychologists by, among other things: running surveys (as interviewers or group monitors); carrying out research (data collection, statistical analysis); providing technical support for industry and services that involve direct interpersonal contact (sales, public relations). A Master's-level degree is needed to independently practise psychology.

## **What makes this course different?**

The Bachelor's degree in Psychology offers two timetables: daytime and evenings. The Agency for Assessment and Accreditation of Higher Education (A3ES) accredited the course for the maximum time possible in 2013. Teaching is given by teachers who have PhDs and practical work experience in the topics they discuss. They also have significant international research careers and many of them are members of research units recognised by the Foundation for Science and Technology and classified as "Excellent" (Centre for Psychology at the University of Porto - CPUP) and "Very Good" (Interdisciplinary Centre for Gender Studies - CIEG). There are many resources available at the university for training and research in psychology: library, psychological test library and databases that provide access to thousands of scientific journals (b-on, for example); amphitheatre with one-way mirror; psychotherapy research lab, etc. The excellence achieved in the field of psychology at ISMAI has allowed several Master's courses in Psychology and the PhD in Clinical Psychology to be accredited.

## **Internationalisation**

Students may apply for periods of mobility for studies in around 150 higher education institutions of more than 30 countries, as well for international internships, with possibility of financial support.

## YEAR 1

### SEMESTER 1 • 30 ECTS

- 5 Theoretical Systems of Psychology I
- 5 History of Psychology
- 5 Applied Statistics I
- 5 Cognitive Processes I
- 5 Neuroscience I
- 5 Introduction to Social Sciences

### SEMESTER 2 • 30 ECTS

- 5 Applied Statistics II
- 5 Cognitive Processes II
- 5 Introduction to the Methodology of
- 5 Neuroscience II
- 5 Epistemology
- 5 Theoretical Systems of Psychology II

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## YEAR 2

### SEMESTER 1 • 30 ECTS

- 5 Developmental Psychology I
- 5 Personality Theories
- 5 Social Psychology I
- 5 Quantitative Methods
- 5 Sociocultural Anthropology (a)
- 5 Sociology (a)
- 5 Biological Bases of Behaviour (a)
- 5 Neuropsychology (a)

### SEMESTER 2 • 30 ECTS

- 5 Social Psychology II
- 5 Developmental Psychology II
- 5 Psychology of Emotions
- 5 Introduction to Psychological Intervention
- 5 Psychology of Education
- 5 Cultural Psychology (b)
- 5 Psychology of Language (b)
- 5 Psychology of Sexuality (b)

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## YEAR 3

### SEMESTER 1 • 30 ECTS

- 5 Psychological Assessment
- 5 Qualitative Methods
- 5 Psychological Assessment Laboratories
- 5 Psychopathology I
- 5 Psychosociology of Work and Organisations I
- 5 Cognitive Process Laboratories (c)
- 5 Developmental Psychology Laboratories (c)
- 5 Basic Consultation and Intervention Skills Laboratory (c)

### SEMESTER 2 • 30 ECTS

- 5 Ethics and Deontology of Psy.
- 5 Psychopathology II
- 5 Community Psychology (d)
- 5 Clinical and Health Psychology
- 5 (d) School Psychology (d)
- 5 Psychology of Justice (d)
- 5 Psychology of Sport (d)
- 5 Psychosociology of Work and Organisations II (d)
- 5 Occupational Health Psychology (d)
- 5 Marketing and Advertising (e)
- 5 Conflict Resolution Techniques (e)
- 5 Information and Communication Technologies (e)
- 5 Introduction to Human Resource Management (e)

(a) Choose 2 of the 4 course units.

(b) Choose 1 of the 3 course units.

(c) Choose 1 of the 3 course units.

(d) Choose 2-4 of the 7 course units.

(e) Choose 0-2 of the 4 course units.