WELCOME TO PORTO

Practical Information about Your Stay in Porto

UMAIA PSYCHOLOGY PHD FORUM 2027

UNIVERSIDADE
DA MAIA **UMAIA**

Venue

The **UMAIA Psychology PhD Forum 2027** takes place on **6–7 May 2027** at the University of Maia (UMAIA), in Castêlo da Maia, northern Portugal.

MAIA

Maia is part of the Porto Metropolitan Area. The campus is about 12 km from Porto city centre and 10 km from Francisco Sá Carneiro Airport. The ISMAI metro station sits right next to the campus, with direct connections to Maia city centre and Porto.

Maia is a modern, welcoming and well-connected city, known for its educational, cultural and entrepreneurial character. In 2026, it was the highest-ranked Portuguese city in the Happy City Index, placing 69th worldwide. The ranking reflects the city's commitment to quality of life, education, sustainability, green spaces and mobility.

visitmaia

PORTO

From Maia, participants can easily explore Porto, a UNESCO World Heritage city known for its historic centre, the Douro River, Port wine cellars, architecture and food.

visitporto

How to get to Umaia

The Campus

The easiest way to reach the campus is by metro to ISMAI station, the last stop on Line C (green), right next to the university.

From Maia (10 min)
Metro Line C from Fórum Maia station to ISMAI, no change needed

From Oporto (35–45 min)
Metro Line C towards ISMAI (e.g. from Trindade); from other lines, change to Line C at Trindade

From Francisco Sá Carneiro Airport (50 min)
Metro Line E (violet) towards Trindade, then change to Line C (green) towards ISMAI at a station served by both lines

Routes & Times

note: Metro journeys from the airport need a Z4 ticket. Tickets are sold at machines in every station on the rechargeable Andante card.

From Anywhere (Depends on traffic)
Taxi or ride-hailing services (e.g. Uber, Bolt)

note: When using a map or ride-hailing app, set the destination to **ISMAI Metro Station – University of Maia**.

Accommodation

We recommend booking early, especially if you are travelling from abroad. Early May is a busy period in Porto (see Tourism).

HOTEL PREMIUM

Premium

Address
R. Simão Bolívar 375
4470-214 Maia

Contact
+351 229 435 650

HOTEL CENTRAL PARQUE

Central

Address
Avª. Visconde de Barreiros, n.º 83
4470-151 Maia

Contact
+351 229 475 563

PARK HOTEL PORTO AEROPORTO

Park Hotel

Address
Av. do Aeroporto, 241
4470-558 Maia

Contact
+351 229 401 300

OPOHOTEL PORTO AEROPORTO

OPohotel

Address
Av. do Aeroporto, 241
4470-558 Maia

Contact
+220 732 400

This list is for guidance only. Participants book their own accommodation and should confirm prices, availability, cancellation policies and transport links before booking.

Lunch and restaurants

Participants can have lunch at the university canteen, subject to availability, or at restaurants and cafés near the campus and in Maia city centre.

Nearby options include:
- S. Peter's Garden
- O Bosque
- Pata Negra
- Solo Pizza Maia

Tourism

We encourage participants to explore Maia and Porto during their stay.

Maia

Torre Lidador, Parque Central da Maia, Fórum da Maia, Quinta dos Cónegos and Zoo da Maia, as well as local food and cultural venues.

Porto

The historic centre, the Douro River, the Port wine cellars, and the city's architecture, culture and food.

Queima das Fitas

Porto's Academic Week (Queima das Fitas) usually takes place in early May and may coincide with the Forum. It is one of the region's largest student celebrations, with concerts, academic traditions and cultural events. It is a lively time to visit, but also a busy one, so plan accommodation and transport early.

Useful information

Climate

Mild Atlantic climate. May is usually mild to warm, but rain is possible. Check the forecast and bring a light jacket or umbrella.

Language

The official language of the Forum is English. Portugal's official language is Portuguese, but English is widely understood in hotels, restaurants and tourist areas.

Emergencies

National emergency number: 112. SNS 24 health line: 808 24 24 24. Pharmacies, clinics and hospitals are available throughout the Porto Metropolitan Area.

Safety

Portugal is generally a safe country. Take normal precautions in crowded areas, on public transport and in tourist spots.

Health

No specific vaccinations are required, unless you are travelling from an area with specific health requirements.

Currency

Euro (€). International credit and debit cards are widely accepted, and ATMs are easy to find.

Time zone

In May, mainland Portugal is on Western European Summer Time (WEST, UTC+1).

Electricity

230 V, 50 Hz, European plugs (type F). Visitors from outside continental Europe may need an adapter.

Tipping

Optional. A small tip in restaurants, cafés and taxis is common when the service is appreciated.

Sales tax

VAT is included in displayed prices. Non-EU residents may be eligible for tax-free shopping in participating stores.

Smoking

Not allowed in enclosed public spaces, including public transport, educational institutions and healthcare facilities. Please follow the rules on the UMAIA campus.

For more information

Phone
+351 229 866 000

Website
umaia.pt

Address
Avenida Carlos de Oliveira Campos
Castêlo da Maia,
4475-690 Maia

Email
PsychologyPhDForum2027@umaia.pt.

Follow us

Instagram
@umaia_psyc_phdforum

Funded by the European Union