

**UNIVERSITY  
INSTITUTE OF MAIA  
ISMAI, PORTUGAL**

**1ST JUNE  
2017**

**INTERNATIONAL SYMPOSIUM  
EXERCISE IN CHRONIC KIDNEY DISEASE  
RESEARCH AND CLINICAL IMPLEMENTATION**



**PROGRAM**

**PROGRAM**

**14:00**      **OPENING**

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**14:15**      **EXERCISE RESEARCH IN CKD – STATE OF THE ART & FUTURE PERSPECTIVES**

**EFFECTS OF EXERCISE ON MUSCLE METABOLISM IN PRE-DIALYSIS CKD**  
EMMA WATSON | UNIVERSITY OF LEICESTER, UNITED KINGDOM

**COMPREHENSIVE LIFESTYLE CHANGE IN HEMODIALYSIS PATIENTS: MOVING BEYOND THE BIKE**  
KENNETH WILUND | UNIVERSITY OF ILLINOIS, UNITED STATES OF AMERICA

**PHYSICAL ACTIVITY FOR PERITONEAL DIALYSIS PATIENTS: WHAT'S UP?**  
MYRIAM ISNARD | AURA AUVERGNE, FRANCE

**SPORT AND EXERCISE WITH A KIDNEY TRANSPLANT : KNOWLEDGE GAPS AND RESEARCH QUESTIONS**  
ALICE SMITH | UNIVERSITY OF LEICESTER, UNITED KINGDOM

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**16:00**      **COFFEE BREAK**

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**16:30**      **NEPHROCARE PORTUGAL EXERCISE PROGRAM**

JOÃO VIANA | CIDESD-ISMAI, PORTUGAL  
ANTÓNIO GUERREIRO | NEPHROCARE, PORTUGAL  
PEDRO MARTINS | NEPHROCARE, PORTUGAL

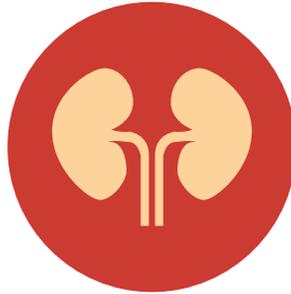
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**16:50**      **CLINICAL IMPLEMENTATION OF EXERCISE IN CKD – WHAT IS THE STATUS?**

ANDRÉ NOVO | POLYTECHNIC INSTITUTE OF BRAGANÇA, PORTUGAL  
ALICE SMITH | UNIVERSITY OF LEICESTER, UNITED KINGDOM  
KENNETH WILUND | UNIVERSITY OF ILLINOIS, UNITED STATES OF AMERICA  
MYRIAM ISNARD | AURA AUVERGNE, FRANCE

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**17:50**      **CLOSING**



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**NephroCare** **NanoStima**



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de Desenvolvimento Regional